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RAINFOREST ROMPS ON THE ROAD TO NOWHERE

TIME FOR A NOT-SO-ORDINARY EXCURSION.

By Allison Neves

Time to visit the places less traveled.

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MISSION BEACH – AUSTRALIA

The Sanctuary Yoga Retreat & Eco-Lodge

Looking for the ultimate diving adventure? A two-hour drive south of Cairns, you'll find Mission Beach. Most folks who are interested in diving the Great Barrier Reef will go to Cairns. However, the less touristy and more Zen option is the Sanctuary Yoga Retreat and Eco-Lodge in Mission Beach.



A look inside one of the spacious cabins at Sanctuary Yoga Lodge. Photo: Mission Beach

The lodge sits perched within the rainforest's canopy overlooking the sea and offering breathtaking views. The Sanctuary also offers massage therapy and regularly scheduled yoga classes.

The main building is constructed of natural timbers and has been built by local craftsmen. The in-house restaurant specializes in serving delicious meals and scrumptious smoothies created with locally-grown organic foods.

Being the closest mainland point to the Great Barrier Reef means that travel times to your diving destinations are shorter... less time on the boat means more time diving the Reef. Offshore you'll find many deserted islands to sail or sea-kayak to and explore, most of which are protected National Parks while the rainforests surrounding Mission Beach offer a diverse range of habitats and eco-systems to explore. But, fair warning... be on the lookout for 6 foot-tall Cassowary! For more information, visit sanctuaryretreat.com.au.

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Photo: Laura Anne Rega

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